



# CONTRA COSTA BALLET

RAISING THE BARRE FOR OVER 50 YEARS

## Summer Program

July 3<sup>rd</sup> – 28<sup>th</sup>, 2017

The Contra Costa Ballet Centre's Summer Program offers classes for all levels (Pre-Ballet through Advanced) and a special, Summer Intensive specifically designed for intermediate and advanced students. The Summer Intensive features an extensive curriculum delivered by a world-class faculty of the highest caliber and experience. The students follow a carefully-structured syllabus designed to gradually increase their technique, stamina and discipline in accordance with their physical and mental development. Although challenging and intense, the program offers encouragement, support, individual attention and counseling within a nourishing environment.

The curriculum consists of technique, pointe or men's class, variation, jazz/contemporary, repertoire, and physical conditioning (a Pilates-based, strength-and-stretch class designed to address the dancer's individual needs and areas of weakness). Seminars on injury prevention, nutrition and other dance-related topics are held in addition to the regular class schedule. Serious students in Levels 4 and higher may take additional classes at a level below their own at no additional cost.

### FACULTY & GUEST INSTRUCTORS

**Richard Cammack** (*Director*) – American Ballet Theatre, San Francisco Ballet

**Zola Dishong** (*Director*) – American Ballet Theatre, San Francisco Ballet

**Charles Anderson** – New York City Ballet, Company C Contemporary Ballet

**Emily Borthwick** – The Royal Ballet School, Royal Academy of Dance

**Shannon Bresnahan** – Munich Ballet, San Francisco Ballet School

**Bryanna Cross** – Baltimore Ballet, Eglevsky Ballet

**Mercedes David Sheets** – San Francisco Ballet

**Carolina Lugo** – Carolina Lugo's & Carolé Acuña's Ballet Flamenco

**Milissa Payne Bradley** – Oakland Ballet, Liss Fain Dance, Milissa Payne Project

**Calvin Thomas** – Cincinnati Ballet, Company C Contemporary Ballet

**Katarina Wester** – Royal Swedish Ballet, Royal Conservatory of The Hague

### AUDITION

Prospective students may audition by one of the three methods listed below. Notification of audition decisions will be made via e-mail within ten days following audition.

- **Group Audition: Sunday, February 26<sup>th</sup>, 2017**  
**1:30 – 3:15pm (9-12 years old)**  
**3:15 – 5:00pm (13-19 years old)**

Auditions will be held at the Contra Costa Ballet Centre: 2040 N. Broadway, Walnut Creek. There is an audition/application fee of \$25. Please bring a full-body photo (in ballet attire, position of dancer's choice). Registration is received on a walk-in basis and begins thirty minutes prior to audition. Students should wear standard, classical ballet attire (see "Dress Code", next page).

- **DVD Auditions:** Submit via mail a 10-minute DVD, application form, personal or cashier's check payable to "Contra Costa Ballet Centre" in the amount of \$25, and the following photographs: 1<sup>st</sup> Arabesque, side view, develop a la seconde en face, attitude in effecce, pose of your choice. Application forms may be requested through the School Administrator at (925) 935-7984 or school@contracostaballet.org.
- **Individual Auditions:** Dancers are highly encouraged to attend the group audition on the date listed above; however, individual auditions may be scheduled beyond this date through the School Administrator at (925) 935-7984.

## **DRESS CODE**

Ladies: Black leotard, pink tights, pink ballet shoes; no dangling jewelry; hair in a neat bun.

Men: Black tights and shoes, white t-shirt (stretch).

A yoga mat is required for Physical Conditioning classes (Levels 4 - Advanced).

## **PERFORMANCE & OBSERVATION**

On Friday, July 28<sup>th</sup>, the Summer Intensive ends with a workshop performance for all Level 3 through Advanced (Level 6/7) students who attend the full program. The students perform selected pieces from their repertoire classes. The workshop performance provides a wonderful finale for both dancers and guests. Parents of Level 1 through 2 students may observe their child's class on their last day of classes.

## **STUDENT EVALUATIONS**

New students will be observed throughout the Summer Program for consideration of acceptance and placement into Contra Costa Ballet's year-round program. Notification of placement decisions will be given during the last week of classes.

## **TUITION & FEE SCHEDULE**

<u>Class</u> <u>Level</u>	<u>Classes</u> <u>Per Week</u>	<u>4-Week Tuition Rate</u>	
		<i>If registered by 4/1/17</i>	<i>If registered after 4/1/17</i>
Level 1	2	\$150	\$165
Level 2	4	\$225	\$250
Level 3	10	\$650	\$715
Level 4	15	\$775	\$850
Level 5	17	\$900	\$1,000
Advanced (Levels 6/7)	17	\$950	\$1,050

*New students* must also include with their tuition a one-time, registration fee of \$15 for Levels 1 – 3; \$50 for Levels 4 – Advanced.

## **REGISTRATION**

In order to qualify for the lowest tuition rate per the Tuition & Fee Schedule above, registration requests and a minimum, one-half tuition deposit must be received by April 1st. Registration requests received after this date will be processed at the higher tuition rate. Tuition balances are due by June 1st.

## **TUITION PRORATION & MAKE-UP CLASSES**

Students are strongly encouraged to register for the full, four-week session; however, tuition may be prorated at the time of registration to discount one week's tuition for planned absences of one week or more. Absences of less than one week are eligible to be made up in a class level lower than that of the student.

## **REFUNDS**

Once classes have begun, tuition is non-refundable except in the event of documented illness or injury necessitating absence of ten days or more. If a student withdraws prior to the first day of classes, 25% of the full tuition amount will be retained as a cancellation fee and the balance refunded.

## **SCHOLARSHIPS**

In order to encourage young men, the Contra Costa Ballet Centre offers one-half tuition scholarships to its male students. The Contra Costa Ballet Foundation also awards scholarships to students in advanced-level students who demonstrate both a high potential for ballet and financial need. Further information can be obtained through the School Administrator at (925) 935-7984 or school@contracostaballet.org.

## SUMMER PROGRAM CLASS SCHEDULE

<u>CLASS</u>	<u>SCHEDULE</u>	<u>CURRICULUM</u>	<u>INSTRUCTOR</u>	
Level 1	Tuesday	2:30 – 3:45	Technique	Bryanna Cross
	Thursday	2:30 – 3:45	Technique	Bryanna Cross
Level 2	Tuesday	3:45 – 5:15	Technique	Bryanna Cross
	Tuesday	5:30 – 6:00	Character	Bryanna Cross
	Thursday	3:45 – 5:15	Technique	Bryanna Cross
	Thursday	5:30 – 6:00	Character	Bryanna Cross
Level 3	Monday	2:15 – 3:45	Technique	Milissa Payne Bradley
	Monday	4:00 – 5:00	Repertoire	Milissa Payne Bradley
	Tuesday	3:00 – 4:30	Technique	Mercedes David Sheets
	Tuesday	4:45 – 5:30	Character	Milissa Payne Bradley
	Wednesday	2:15 – 3:45	Technique	Milissa Payne Bradley
	Wednesday	4:00 – 5:00	Repertoire	Milissa Payne Bradley
	Thursday	3:00 – 4:30	Technique	Mercedes David Sheets
	Thursday	4:45 – 5:30	Character	Milissa Payne Bradley
	Friday	3:30 – 5:00	Technique	Milissa Payne Bradley
	Friday	5:15 – 6:15	Repertoire	Milissa Payne-Bradley
Level 4	Monday	2:15 – 3:45	Technique	Emily Borthwick
	Monday	4:00 – 4:30	Pre-Pointe / Pointe	Emily Borthwick
	Monday	5:00 – 6:00	Spanish	Carolina Lugo
	Tuesday	1:45 – 2:30	Physical Conditioning	Mercedes David Sheets
	Tuesday	2:45 – 4:15	Technique	Milissa Payne Bradley
	Tuesday	4:30 – 5:30	Repertoire	Mercedes David Sheets
	Wednesday	2:15 – 3:45	Technique	Mercedes David Sheets
	Wednesday	4:00 – 4:30	Pre-Pointe / Pointe	Mercedes David Sheets
	Wednesday	5:00 – 6:00	Spanish	Carolina Lugo
	Thursday	1:45 – 2:30	Physical Conditioning	Mercedes David Sheets
	Thursday	2:45 – 4:15	Technique	Milissa Payne Bradley
	Thursday	4:30 – 5:30	Repertoire	Mercedes David Sheets
	Friday	1:15 – 2:45	Technique	Mercedes David Sheets
	Friday	3:00 – 3:30	Pre-Pointe / Pointe	Mercedes David Sheets
	Friday	3:00 – 4:00	Boys' Class	Charles Anderson
	Friday	4:30 – 5:30	Repertoire	Mercedes David Sheets
Level 5	Monday	11:30 – 1:00	Technique	Shannon Bresnahan
	Monday	1:15 – 2:15	Pointe	Shannon Bresnahan
	Monday	3:00 – 4:00	Spanish	Carolina Lugo
	Tuesday	10:00 – 10:45	Physical Conditioning	Mercedes David Sheets
	Tuesday	11:00 – 12:30	Technique	Charles Anderson
	Tuesday	12:45 – 1:30	Pointe	Emily Borthwick
	Tuesday	2:00 – 3:00	Repertoire	Emily Borthwick
	Wednesday	11:30 – 1:00	Technique	Emily Borthwick
	Wednesday	1:15 – 2:15	Pointe	Emily Borthwick
	Wednesday	3:00 – 4:00	Spanish	Carolina Lugo
	Thursday	10:00 – 10:45	Physical Conditioning	Mercedes David Sheets
	Thursday	11:00 – 12:30	Technique	Charles Anderson
	Thursday	12:45 – 1:30	Pointe	Emily Borthwick
	Thursday	2:00 – 3:00	Repertoire	Emily Borthwick
	Friday	11:30 – 1:15	Technique	Emily Borthwick
	Friday	2:30 – 3:15	Pointe	Emily Borthwick
Friday	3:30 – 4:30	Repertoire	Emily Borthwick	
Advanced Level	Monday	10:15 – 11:15	Physical Conditioning	Shannon Bresnahan
	Monday	11:30 – 1:00	Technique	Charles Anderson
	Monday	1:15 – 2:15	Pointe	Emily Borthwick
	Monday	4:00 – 5:00	Spanish	Carolina Lugo
	Tuesday	10:00 – 11:30	Technique	Shannon Bresnahan
	Tuesday	11:45 – 12:45	Pointe	Shannon Bresnahan
	Tuesday	1:30 – 2:30	Repertoire	Shannon Bresnahan
	Wednesday	10:15 – 11:15	Physical Conditioning	Shannon Bresnahan
	Wednesday	11:30 – 1:00	Technique	Shannon Bresnahan
	Wednesday	1:15 – 2:15	Pointe	Shannon Bresnahan
	Wednesday	4:00 – 5:00	Spanish	Carolina Lugo
	Thursday	10:00 – 11:30	Technique	Shannon Bresnahan
	Thursday	11:45 – 12:45	Pointe	Shannon Bresnahan
	Thursday	1:30 – 2:30	Repertoire	Shannon Bresnahan
	Friday	10:00 – 11:30	Technique	Charles Anderson
	Friday	11:45 – 12:30	Pointe	Shannon Bresnahan
Friday	1:15 – 2:30	Repertoire	Shannon Bresnahan	